

The Florida GARDENER



September-
October

Official Publication of The Florida Federation of Garden Clubs, Inc.
Member of The National Council of State Clubs, Inc.

1956

Garden Therapy



GARDEN THERAPY ISSUE

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THE COVER

The Talipot, "Corypha Umbraculifera," is one of the most outstanding palm specimens known. While it is found growing in the United States, it has never bloomed. A native to Ceylon, it grows well in Jamaica. The palm will bloom after 25 years of growth. The flowers are very showy with bloom spike 10-12 feet long. The flowers last for a year and then seeds are formed,
(Courtesy Cleary & Elliott, Kingston, Ja.)

THE POINT OF VIEW —

This is the season of the year when many clubs resume their formal meetings. With this issue we introduce additional chairmen. Mrs. Riley gives an insight on Life Membership in the Federation. Radio and Television is a newer, but an ever-growing phase of our work, as is evident in articles by Mrs. Barnhart and other contributors.

The many articles on Garden Therapy are full of illustrations to prove that gardeners give emphasis and importance to things that time cannot tarnish. Happiness, says Aristotle, is a by-product of goodness. To share and help those who need assistance can be one of the props, the pillars to help those endure and succeed. It sometimes takes more spiritual than physical stamina to win, both are a must. What you are is reflected in your work.

Be sure to let your Therapy Chairman, Mrs. Lohmeyer, know of your contribution in this field, it may provide a stimulus and an opportunity for others.

Fay M. Mayes

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We are proud of the fact that we have been serving you and members of your family for over 88 years with quality at a price. May we serve you again and again.

Promotion of Garden Club work has been Mrs. Covington Riley's hobby for a number of years. She is the immediate past president of the West Palm Beach Garden Club, and is presently Conservation chairman of District X and her own club.

Perhaps her happiest and most rewarding achievement is in the field of Junior Gardeners, from reorganizing after the war, to promoting a separate Junior show, which in four years has grown from 700 to 1200 entries. She has served as district Junior chairman, and is credited with saving from the bulldozer a plot of native growth, to be developed into a nature study park for school children.

Active participation in Flower shows is one of her joys. She has served as staging chairman for both adult and junior shows, and hopes to become an accredited judge this year.

Mrs. Riley has a 17-year-old son, and is a Past P.T.A. president. She serves as Co-Chairman of the Flower committee of the First Baptist Church.



MRS. COVINGTON RILEY
Life Membership Chairman

CALENDAR OF EVENTS TO COME

- October 25-26, 1956—Florida Federation of Garden Clubs, Inc. Board Meeting, Jacksonville.
- February 11, 12, 13, 1957—South Atlantic Regional Meeting, Williamsburg, Virginia.
- March 31, April 1, 2, 3, 4, 1957—National Council of State Garden Clubs, Inc. 28th Annual Convention Miami
- April 5, 6 1957—Florida Federation of Garden Clubs Thirty-first Annual Convention, Miami.
- April 25, 1957—Florida Council of Flower Show Judges Annual Meeting, Lakeland.
- May 5-12, 1957—Blanche Covington Nature Study Course, St. Andrews State Park, Panama City.
- June 18, 19, 20, 1957—Garden Club Short Course, University of Florida, Gainesville.
- December 6, 7, 8, 1957—State Flower Show, Lake County Council of Federated Garden Clubs, National Guard Armory, Eustis. Theme: "Floridarama."

ABOUT DUES

by MRS. ERNEST M. CASON, Treasurer
Tallahassee

In September or early October clubs will receive notices of dues payable. The basis of the assessment is the membership report of the Corresponding Secretary. This report is the one sent in by the President of your club.

DO pay the exact amount of the bill you receive—unless you feel there is an error. In this event please verify the number of members on roll with your President before sending your check. If the error is mine, tell me so.

DO send your check by November 1, 1956.

DON'T send The Florida Gardener subscriptions for **new members** (25c) to the Treasurer.

DO send this subscription and any fee for change of address (10c) to Mrs. Andrew Gurke, Circulation Manager of The Florida Gardener.

The new booklet "**Four Hundred Thousand Strong**" published by the National Council of State Garden Clubs, Inc., is available through the Publications Chairman, Mrs. A. Randolph Wilson, Route 5, Box 102, Waco Texas. The booklet sells for fifty cents a copy, or \$10.00 for 22 and \$25.00 for 60 copies shipped to one address. Please send your orders to Mrs. Wilson, and make your checks payable to National Council of State Garden Clubs, Inc.

DON'T send the Treasurer a list of your members unless you are a **new club**. If you are a new club follow explicitly the instructions in the letter sent you by Mrs. Rawls, Corresponding Secretary.

DO read Article XI, Dues and Finances, page 105 of the Book of Information to be better informed about your finances.

If I can help any of you **DO** write me. I will do my best.

President's Message

Dear Garden Club Members:

For a long time we have known the therapeutic value of activities connected with gardening. Since World War II gardening programs have been developed as a means of rebuilding those sick in body, those afflicted in mind, and those maladjusted to society. In recent years we have called this Garden Therapy. The Garden Therapy programs are carried on in hospitals, convalescent homes, remedial schools and correctional institutions. They prove the compassion of gardeners. And we have all experienced the truth of Emerson's statement: "Happiness is a perfume you cannot pour on another without spilling a few drops on yourself." I am glad we have Garden Therapy as one of the subjects of this issue.

It is just past the midpoint of this administration. It has been a busy summer for some of our State Board members. A number of the officers and chairmen have responsibilities which required regular desk work, some had plans to formulate, and others had copy to prepare for the Book of Information and the mimeographed material. I pause here to pay a tribute to Mrs. Rawls for the faithfulness and resourcefulness with which she pursued every belated club officer's list until she had the entire club directory complete.

The Book of Information and mimeographed material will be distributed to Club Presidents and Circle Chairmen at the Annual District meetings. The District Directors have arranged to bring inspiration and knowledge of garden club activities as close to the members as possible through presentation by State Board members of information upon special projects to be emphasized this coming year. Each Club President will give her report and, this year, there will be an election of one member and an alternate to the State Nominating Committee.

After nine District meetings our tour will be interrupted while I go to St. Louis to represent Florida at the Fall Board meeting of the National Council. At that meeting final approval will be given to the plans for the National Convention in Miami in April.

The District Conservation Conferences will get under way at the same time as our Annual District meetings although they will not coincide with each other in the Districts.

On October 25 and 26, at the conclusion of the District meetings, the Fall meeting of the State Executive Board will be held in Jacksonville with the Garden Club of Jacksonville and its President, Mrs. Coe, as our gracious hostesses. We shall add a new Special Committee Chairman at this session: Mrs. H. Jeff Davis, President of the Quincy Garden Club, Bylaws Revision Chairman. We are happy to have Mrs. Davis fill this important post. At this Fall Board meeting we shall perfect plans for (a) the accomplishment of our programs and projects, and (b) the National Convention arrangements, and (c) our State Convention.

We have seven months in which to bring to fruition the projects agreed upon for this administration and we will succeed to the degree each member is constant in his and her support. We all bear varying degrees of responsibility at any given time, depending how much time we have available and how much experience we are ready to share; but whatever may be our part for this year one quality is of marked importance: Persistence—keeping at it until our goal is reached. This is as true in our club work as in our gardens. Calvin Coolidge stated it well: "Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan, 'press on,' has solved and always will solve the problem of the human race."

I call upon each of you to be persistent in doing your part as we press on to our objectives under the theme, JOY IN GARDENING.

Faithfully yours

Katherine S. Parkinson

YOUR CHAIRMAN SPEAKS

by MRS. R. C. LOHMEYER, *Chairman, Miami Shores*



MRS. R. C. LOHMEYER
Garden Therapy Chairman

Mrs. R. C. Lohmeyer, a past President of the Tropical Garden Club and a Life Member of the Florida Federation of Garden Clubs, Inc., is the immediate past Director of District XI and served as Chairman of Clubs and Lectures for the Federation.

Mrs. Lohmeyer was nominated for the Blanche Covington Leadership award. She is serving a third term on the Metropolitan Miami Flower Show Board; the first Vice-president of the Miami Beach Woman's Club; an Honorary Member of the Allamanda Garden Club and was the organizing President of the Miami Parliamentary Law Unit and Miami No. 4, Floralia Arrangers Club.

A nationally Accredited Flower Show Judge and a past Secretary of the Florida Council of Flower Show Judges, Mrs. Lohmeyer was Chairman of the Florida Federation of Garden Clubs Convention in 1953 and is the Souvenir Chairman for the National Council of State Garden Clubs Convention and Publicity Chairman for the National Association of Parliamentarians Convention to be held in 1957.

Mr. Lohmeyer, her attorney husband, displays infinite patience and "pride" in his wife's favorite hobby, flower arranging. She won Sweepstakes in the 1952 Metropolitan Show for the most blue ribbons in both horticulture and artistic divisions.

Their two married sons live in Miami. Granny's P and J's (pride and joys) are her three grandchildren.

GARDEN THERAPY DEFINED

"If you take flowers to the sick, you perform a kindness and give pleasure, but if you teach that sick person to grow a beautiful flower or vegetable, tree or shrub himself, then you are helping to heal a sick body and mind, and that is garden therapy," says Mrs. G. C. Spillers.

Mrs. Wm. J. Walters states, "that garden therapy is bringing Hope to the blind, the mentally-ill, the handicapped—junior and adult—through the fine art of gardening . . . it is giving those less fortunate an opportunity to join hands with Nature in staging that great drama, The Miracle of the Resurrection, which is reenacted in every garden—every spring."

These definitions by past presidents of National Council clarify the often asked question, "WHAT IS GARDEN THERAPY?"

We should enlarge just a little on this question, since this field is comparatively new for garden clubs, although in reality, "it is as old as time."

Mrs. W. S. Scarbough, San Antonio State Hospital, explains that, "Therapy is a process by which an illness is treated to produce recovery." Physical therapy is defined as treatment of disease by physical and mechanical means. Garden Therapy is Conservation of Human Life, a part of Conservation work that we are prone to forget.

OPPORTUNITIES UNLIMITED

The opportunities for SERVICE remain unlimited; a service carrying a message of love, hope and happiness to many unfortunate victims; a service we should not overlook. Garden Therapy benefits both—the patient and the worker, for we know that the bread "cast upon the waters is returned . . . again and again."

STOP AND THINK!!

Do you ever stop and think of the wonderful feeling that permeates your whole being whenever you spend a few magic hours working in your garden? Cares and worries fall from your shoulders (and minds) like rain from the duck's back. If this can happen to you, visualize the affect this gardening experience can have on those sick in body, mind or soul.

ENTHUSIASTIC LEADERS

Enthusiastic leaders and workers with creative planning ability, and with love of their fellow man will find garden therapy a REAL CHALLENGE. They will be instrumental in restoring faith where it is sorely needed. Garden therapy workers should be kind, patient,

prompt, and gracious. They should be not only willing, but be qualified to teach and demonstrate the basic fundamentals of gardening, which includes horticulture and flower arrangements. Clubs should be on the alert for new recruits to train as replacements, keeping in mind those who have a genuine liking for people with a desire to be helpful.

PATIENT PARTICIPATION

The ultimate goal of garden therapy is achieved when the patients or the handicapped participate in these planned programs.

Just taking flowers should not be reported as Garden Therapy, but taking materials and helping the patients to make such attractive and interesting projects as dish gardens; button gardens; and grow a plant from seeds or cuttings; making corsages and bedside or tray gifts; flower arrangements, Christmas decorations, etc., stimulates much interest. You can see that therapy service should be guided by the needs and capabilities of the various groups.

WHERE

At Military Hospitals (The National Council Therapy Program has been recognized by the U.S. Government and all veteran hospitals have been instructed to accept the service of garden club members), Schools for the Blind (Light-houses for the Blind), Schools for the Physically Handicapped, Specialized Schools, State T. B. Sanitoriums, State Hospitals for mental patients, Homes for our Beloved Elderly Friends, Homes for Unwed Mothers, for the Forgotten Woman, Orphanages, Penal Institutions—these and many other doors are open to you. Just look around and you will find someone waiting for your help.

WHEN

Your club project may be started today, tomorrow . . . or anytime. "WHEN" is not the important factor, but to have a plan, something good to offer is important.

Do not begin a garden therapy project only to drop it. It is far wiser to abandon the idea before it takes root, than to start and then quit! This would bring grief and disappointment to those who look forward expectantly to your regular visits. This unhappiness could be avoided by you pledging to give it "your best," when you begin, continuing your efforts until success is achieved.

HOW

Make contacts with the heads of these various institutions. Outline your plans to them. Secure permission to serve their needs. Ask for a time (day and hour) convenient for your programs. Some Institutions require orientation under their supervision before your programs start. This will prove mutually helpful to the garden club volunteers

THE PALM SOCIETY

A newly-organized plant society with Mr. Dent Smith, 2514 S. Peninsula Drive, Daytona Beach, as the President and the Editor of the monthly Bulletin has members in many parts of the United States and in 12 foreign countries.

One of the objects of the Society is to disseminate information about palms, both scientific and horticultural. This information with photographic illustrations is most valuable to those interested in palms.

There is no fee for membership; however, donations are made by most members with no less than \$5.00 as contributions. We are aware that many of our Florida Federation of Garden Club members are palm fanciers. The bulletins are worth more than a donation. If you are interested in The Palm Society, contact Mr. Smith. At the present time, Mr. Smith is doing most of the work of the Society, so unnecessary correspondence should be avoided. There is a common bond between our Plant Introduction and The Palm Society, in that both are interested in the introduction and study of palms.

and hospital personnel. Remember to be courteous to the nurses, personnel and all employees as they have their assignments to carry out, too.

MATTHEW 25:40

"Verily, I say unto you, inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto Me."

Truly we are on this earth for a purpose. May our hands, our feet, our eyes, ears and minds be ever mindful of the world around us—and the needs of His children.

Little kindnesses are important when given in sincerity. The labor expended in garden therapy will richly reward you in treasured friendships and with everlasting satisfaction that you have lent a helping hand. For "she who gives the most receives the most."

Garden Therapy is a field of REAL SERVICE! If you and your club are not participating in it—you are missing a lot—of JOY IN GARDENING!

Both the National Gardener and the Florida Gardener have carried valuable information regarding garden therapy, what is being accomplished over our Nation, how and the results. Refer to your back issues.

"How deeply seated in the human heart is the liking for gardens and gardening?"—Alexander Smith.

"HE WHO PLANTS A TREE"

by MRS. DORR S. DAVIS

Federated Garden Clubs of Ft. Lauderdale

For some years I have had a wall hanging—a block print of several kinds of trees, bearing the legend—"He who plants a tree, loves others." It has provided "therapy" for me on several occasions. I am sure you gardeners don't need to be told the ways your gardens enrich your lives, nor that every time we work in our gardens we are doing a little garden therapy for ourselves, a "healing" for either body or spirit.

As a layman, there are three kinds of garden therapy to me—gift, preventive, and active. Giving a plant or flower to a sick person is a gracious and healing thing to do. Providing gardening materials and instruction for children may prevent a troubled mind from finding less desirable outlets, and with crippled or slow-learning children may point the way to a future occupation. But truly active therapy provides the means to a sort of "do it yourself" kind of self-therapy.

Work With Exceptional Children

The Junior Garden Therapy program at the School for Exceptional Children is done bi-weekly with three groups—the partial seeing and hearing, the orthopedic handicapped, and the older level of slower-learning children (10 to 15 years old). As far as is possible I try to follow the Junior Garden Club program, but there must be many adjustments—care in handling sharp shears and tin cans, showing a blind child how to measure "Heaven, Man, and Earth," and allowing for lack of muscular coordination in the orthopedic group. The word "therapy" is never used. We are just another Junior Garden Club, and enter competition in our Junior Flower Show with the other clubs in the city.

Classroom Work

A great deal of our work has to be done in the classroom, and this is a handicap in planting seeds and making cuttings. However, by using seed flats and tin cans, we have produced some creditable results. We have space available outside, but the soil is poor, water has to be carried, and there is no shade. Through the parents' group of the slow-learning class, we have promise of some help here during the school year, and hope to do more outside gardening.

These children are amazingly good at flower arranging, dish gardens, and corsages. Their teachers are a constant help; co-ordinating reading, writing, and numbers lessons with such terms as "Heaven, Man, and Earth," triangle, circle, crescent; and preparing word charts. We cannot use the regular mimeographed work sheets prepared for Junior Garden Clubs, for some cannot read above second grade level.

We learn so much more than gardening—how to plan, how to be a good loser, how to say thank-you to people who help us. Many of you do not know the terrific thought that goes into a decision for a slow-learning child—whether to use red or yellow flowers, or whether to use a round leaf or a tall one. And for some, the effort to "try" anything new, is an ordeal. When so many efforts have been failures, it is easier to say "I can't, or 'I don't want to.'" The adjustments in planning materials and methods for blind or spastic children are not nearly so difficult as with the slow learners. They are very creative and need little guiding.

Flower Show Entries

Last March at our Junior Flower Show, 25 of my children made 41 entries in dish gardens and arrangements, and we came home with 31 ribbons. I say this not in any sense of bragging, but because it is one of the few ways we can measure results of our work.

Workshop for Teachers

I want to pay tribute to the fine work of the teachers at the Exceptional School. Much of the preparation and cleaning up falls on them. This year we plan to have a series of workshops just for teachers, covering seeds, cuttings; dish gardens, arrangements and corsages, so that we do not waste valuable class time with directions.

Our adult therapy program will be expanded this year, with an effort made to reach individual needs. Mrs. John Godfrey is co-chairman of Therapy, and will organize the adult work. We hope to reach older people in nursing homes (at present, our local hospitals supply therapy through Gray Lady and Hospital Auxiliary programs) and individual shut-ins with an active therapy program, supplying materials and instruction for dish gardens, miniatures, corsages or whatever phase of gardening each person wants. We will do some "gift therapy" for birthdays and special occasions but will concentrate on letting each person write his own prescription for therapy.

The hours of planning and preparation for garden therapy work are many, but so are the rewards—a crippled child receiving his first blue ribbon, a blind child creating a flower arrangement, or a slow-learning child gaining self-confidence. At times the work is discouraging—we see so little progress; but I try to remember that these "trees" we plant will bear their flowers and fruits "in good season," even though we never see them.

"He who plants a tree—"

IS YOUR GARDEN CLUB ON THE AIR?

by MRS. GRIER C. BARNHART, Laguna Beach
Radio and Television Chairman

The "Garden Club of the Air" program offers an excellent means of sharing knowledge, experience and enthusiasm in gardening and garden club activities. Local radio and television personnel welcome interesting educational programs and are liberal with time and assistance.

PLAN

Plan well to assure your program's success. Use the varied talents of your members where they may contribute the most and receive the greatest joy in the service. See that the project is included in the club budget (cost for the tape recordings). Vary the subject matter and the method of presentation and keep the needs and interests of the audience foremost in the plans. Give adequate publicity to the programs.

PREPARE

Captivate your audience with an appealing title. The listening public has become definitely speech conscious. Carefully select words and phrases to convey the exact meaning and for ease in pronouncing. Colorful, descriptive words stir the imagination and create pictures in the mind of the listener. Avoid technical names and terms when possible, but if used, explain fully. It is more effective to fully develop one important idea than to try to include too much. All information should be authentic.

PRESENT

There is no simple formula for selecting the speaker or speakers. Two or three voices lend variety and stimulate interest. Try using your Juniors; they will enjoy the experience. Auditions may be held for final selection of participants. Points to be considered are: knowledge of subject, a pleasant conversational voice, clear enunciation, sincerity, enthusiasm, poise, availability for rehearsals and promptness in keeping appointments. Time is precious! Stay well within the time given.

EVALUATE

Evaluate the production by studying the recording. Each program may then aid in improving those to follow. Being on the air can be an enriching experience to those participating and in developing satisfying public relations in the community for your garden club. The tape recording of the best 15-minute program on conservation and/or horticulture may be submitted for the Ana Louise Willis Award, (See **Book of Information** for details.) The tape recordings may be filed at the Garden Club Library in Gainesville, for use as program material for other clubs.



MRS. GRIER C. BARNHART
Radio and Television Chairman

Mrs. Grier C. Barnhart, Chairman of Radio and Television, is a past president of The Gulf Beach Garden Club, Inc. The history of this club, for 1955-1956, was dedicated to her in honor of the many capacities in which she has served.

Mrs. Barnhart is a graduate of Western Reserve University and a member of the American Association of University Women. She engaged in public health nursing with the Department of Health, Jefferson County, Alabama, for 23 years and was Assistant Director of Nursing when she and her husband decided to make Florida their home and moved to Laguna Beach. They have a daughter and two granddaughters.

The challenge of Florida gardening prompted Mrs. Barnhart to attend her first Flower Show School and in 1955 she received her certificate as a National Accredited Flower Show Judge.

REPORT

After your successful presentation, write a report on the entire procedure. Place it in the permanent Radio and Television file for use by future chairmen. Send a copy to the State Chairman for use on the State level: "Each year we should build a step upon which those who follow can climb higher, and more safely."

HOW WE DID IT

by MRS. MALCOLM HOAGLAND

The Snapdragon Circle of Jacksonville selected Pine Castle School for Retarded Children as a Garden Therapy project when we learned that very little work had been done with the children there.

As the Circle president, I invited the Garden Therapy Chairman to go with me to visit the school and meet the Director who received us graciously. We learned about the work of the school and the Director told us about the background and problems of each of the 15 children with whom we were to work. We were able to plan a well-rounded program in gardening and crafts from the information we gleaned. We arranged to visit the school twice a month at a specified time.

Our gardening program included the planting of seed-flats, cutting boxes, and the setting out of small plants and shrubs to help beautify the school grounds. The children did the work and cared for the plants.

The children enjoyed painting and planting window-boxes we had made for the school room. They were able to observe the day-by-day growth of the plants from the time the first sprout popped through the soil.

Our crafts were many and varied; flower arranging using fresh and dried plant material was a favorite program; real enchantment came from creating animals from fruits and vegetables with the use of toothpicks. By way of preparation, samples of the finished craft were displayed. Then the children were instructed by simple step-by-step methods and the supervision of their individual work.

Whenever there was a holiday, we made the most of it. The craft work followed the theme of the holiday and our visits were planned as near as possible to the particular holiday. With the help of the Fairfax Manor Circle, the entire school had a party at Christmas time. A Christmas tree was decorated and each child was given a small gift. The children were taught to stick gum drops on silvered pine cones to make gum drop trees as favors for their family at home. Punch and Christmas cookies were served to make the occasion a real party.

The children entered samples of their work in the Junior Flower Show in the Garden Therapy Division. The Garden Therapy program was so rewarding not only to the children but to those of us who worked with it, that we have decided to expand next year and include the entire school. Several other Circles in the Jacksonville Club have consented to join with us in this undertaking and share the joy which comes from seeing retarded children learn muscular co-

WE NEED YOUR HELP!

by MRS. R. C. LOHMEYER
Garden Therapy Chairman

Florida can point with pride to the success of her garden therapy programs, but there remains much to be done. In some sections, the surface has not been scratched!

What has been accomplished shows increasing evidence of new interests, and search for increased knowledge in horticulture and flower arrangements. Club members working on therapy projects have been most generous with their time and talents.

Would YOU like to participate in promoting this work? Perhaps (and for good reasons) you have been unsuccessful in setting up a therapy project in your club. There is a way you can help. You can lend financial aid.

Lake Weir Garden Club gave \$50 to the Gainesville Garden Club to assist them in their therapy program with Crippled Children. **MONEY IS NEEDED!!!**

Money contributed will be used in worthwhile established therapy projects, to purchase needed materials to keep these important programs "on the march."

Materials needed include plants, seeds, containers, flower pots, corsage materials, scrapbooks, etc.

Money (checks) may be sent your State Garden Therapy Chairman to be forwarded, or upon request names of clubs and projects will be sent, so direct contact may be made.

Clubs who could use financial assistance, please notify me, giving information as to your project, what you need, etc, and I shall be happy to pass this information on. **THANKS!**

"God never shuts a door, that he does not open another one."—Irish Proverbs.

Your Aid may be God's way of opening that door . . . together let us work for a full year opening doors.

"Experience is a wonderful thing; it enables you to recognize a mistake when you make it again."

ordination and dexterity from Garden Therapy.

Editor's Note: The Garden Therapy program instituted by the Snapdragon Circle in the Pine Castle School won the State Junior Garden Therapy Award for 1955-56.

GARDEN THERAPY AT AN ORTHOPEDIC CENTER

by MRS. M. W. GRAHAM
Arlington Garden Club, Daytona Beach

The record of the Arlington Garden Club at the Junior Service League Orthopedic Center is the story of a project within a project. In 1950, when a committee of club members was surveying the community in the hope of finding a worthy permanent project, they came upon the Junior Service League, which, under the guidance of Mrs. David Black, was in the process of establishing a greatly-needed humanitarian project. Arlington joined hands with this group which was endeavoring to meet the needs of the community through providing a center for special services, education and treatment of handicapped children, thereby enabling them to take their places in a normal world.

First in the minds of the club members was the improvement of the grounds surrounding the building which would shelter these children during the greater part of their day. While the Junior Service Leaguers were rehabilitating the interior, with volunteer workers stretching every penny to cover the many needs, the Arlington members were doing the same for the exterior.

An acre of sandspur, weeds, sand and sun was not an inspiring beginning. But ingenuity, cooperation and good hard work finally brought about a workable gradual rehabilitation plan. Members bought, begged and gave peat, sod, fertilizer, shrubs, trees, flowering vines, bulbs and seeds and gradually order grew out of disorder and beauty out of barrenness. After the fundamental ground work was laid, the plan grew step by step — the lawn, the entrance planting, the play yard—not a perfect landscaping plan but one that developed out of the needs of these "special children".

Next, as the interest of the children grew in the "Flower Lady" and her committee's activities it was inevitable that they, too, should show a desire to plant,



dig and water. More and more information came to us on Garden Therapy and the State Federation urged that clubs consider the workability and value of such programs. Therefore the committee, with the aid of the Orthopedic Center staff, worked into the daily schedule a definite time for work out of doors and, enthusiastically, the children planted gladiola bulbs, petunia and nasturtium seeds. Their eager interest in this new activity was so great that they needed little encouragement in using both hands simultaneously — a small enough thing for you and me, but to these children a real triumph of accomplishment. And so, our members expanded their understanding and learned from these children as the children learned from us.

A garden therapy project is a source of great inner satisfaction to all who are concerned with it. The greatest award of all is the grateful awareness that you have been a part of the rehabilitation of another individual.

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Today's Beauty Provides Tomorrow's Grandeur

by MRS. ROBERT L. FAIRING, Conservation Chairman, Gainesville

A practical insight in this rapidly-changing world of all resources—natural and renewable—and the part that the mind and acts of man can control, improve, and wisely use—will be given at the District Conservation Conferences.

District leaders supporting your State Chairman are promoting excellent conferences alerting you to the conservational needs and values of your immediate area. You are welcome to attend all those of interest to you.

Where and What Is Being Done:

October 10, District IX Conservation Conference, Mrs. W. S. Miller, past President and active Bartow Garden Club member, in charge. This conference will stress Birds, Wildflowers, and Conservation for Juniors, also forest fire prevention and control.

October 18, District V Conservation Conference, Mrs. W. F. Hazen, past President of Stark Garden Club and active civic leader has developed an all inclusive on-the-spot tour of the conservational values and development of the Ocala National Forest.

October 30, District VII, Orlando Garden Center, Mrs. Preston Maynard, an active and ardent Conservationist, has developed a splendid program.

October 31, District IV Conference will be at the Prudential Insurance Bldg., Jacksonville, Mrs. Malcolm Fortson, past President of the Jacksonville Garden Club in charge. Conservation with special emphasis for Juniors will be stressed.

October 31, District VIII Conference will meet at the Suwanee Hotel, St. Petersburg. Mrs. Sam I. Nix, a most active civic worker, plans a complete program covering all major phases of Conservation with special emphasis on the dire need of district fire control.

November 1, District I Conference will include a tour of the St. Regis Paper Co. in Pensacola. Mrs. R. M. Pyle, Jr., past President and accredited judge, has developed a well-rounded conservation program with special emphasis on forest conservation, one of the greatest resources of N. W. Florida.

November 16, District X will have their Conference in West Palm Beach, stressing water control and values of wild life refuge and native plant materials. Mrs. Covington Riley, Life Membership Chairman, is the conservation leader of her District.

District XI, Mrs. Andrew Gurke, Circulation Manager, Florida Gardener, and District Conservation Chairman, presented a well-developed meeting at

Birch Park with native plant identification field trip one of the highlights, on September 25.

Most conferences will have an educational display of our protected plant materials. Won't you please bring to your conference names, description, habitat, and locale of native plant materials you have seen, admired, and appreciated. Why not stress "hands off," "do not pick," "do not disturb," any plant materials on property other than one's own.

* * *

The Palatka Federation of Garden Circles have two noteworthy projects. Mrs. L. W. Goodnow, Chairman, reports a local project of work with a Colored Nursing Home. In addition to instructions in gardening and flower arranging given to the patients by members, many hours are spent in reading to the patients and kindnesses of gifts on holidays, as well as food and clothing are contributed.

The other project, that of The Florida Home Colony in Gainesville. Monthly trips are made to this project with financial and other assistance to this project which is located 35 miles away.



'MILE OF BEAUTY' IN CLEARWATER

Left to right: Mr. R. J. Hinners, Mrs. Gordon G. Bergeson, Chairman Roadside Development Beautification and Civic Cooperation; Mrs. Charles B. McDaniel, President, Clearwater Garden Club, and Mrs. J. Orlos Ogg, Chairman of Awards Committee look at the project of beautification which won the plaque awarded by the Clearwater Garden Club. The plaque was awarded Mr. and Mrs. R. J. Hinners for the beautification of the Lakeside Trailer Park which they own. The plaque represented the cooperation of several business firms in Clearwater, who made it a gift to the Club.

SOME OF US CALL IT GARDEN THERAPY

by MRS. STANLEY SHEIP, *Chattahoochee*

May I tell you about a party I attended? There were about 200 guests assembled when I arrived, and as I joined the group, I could feel the spirit of quiet gaiety which prevailed. You could tell at a glance this party was going to be fun, for that's what everybody had come for. If anyone had a worry, he surely must have laid it at the door before coming inside. This was a party for the patients at our State Hospital at Chattahoochee, the place was the Recreational Hall of the Hospital, the time was Thursday afternoon in November and our hostess was the Gretna Garden Club.

Someone has said "the art of pleasing requires only the desire" and that our hostess desired to please, to delight, to entertain was more than obvious. The party began with a garden club program with almost all of the members of this small club taking part, and in such a friendly way, you had the feeling these were neighbors who had just dropped in. The main feature of the program was the making of a seed flat and planting it, which was demonstrated in its entirety. And while the speaker worked she talked of such homey things, of bringing in the ferns from the porch in winter, of the common little everyday chores of a gardener. (Are they common, or are they too wonderful to realize?) She spoke with such humor, I'll never forget the laughter which greeted so many of her remarks. My heart laughed too, just to hear it. Then to end the program the club members led the patients in singing "All things are possible, only believe."

Following the program there was a social hour with dancing to recorded music, and refreshments served from a beautifully set tea table. There was an abundance of flowers and food, the cakes and candy all homemade, and the flowers gathered from the hostesses' gardens. For favors there were chrysanthemum corsages for the women and cigars for the men.

We stood at the door as the guests left the hall, and as they paused to take our hands and murmur their thanks, it seemed like a benediction.

This is only one of the programs which have been given by the garden clubs in our area for the patients at our mental hospital, each month during the club year for the last two years. Not that this program was better than the others, but it was typical. In the presentation of their subjects, which have covered every phase of our gardening world, they were different. In their spirit of friendliness, and generosity, and lovingkindness, they were all alike. It is fitting to mention the names of those clubs who have brought these programs to our hospital.

Some clubs have sent gifts of money, or seeds or plants, but these clubs have brought their gift, and have given of themselves as well: Quincy, Tallahassee, Madison, Chattahoochee, Graceville, Bonifay, Chipley, Panama City, and Panama City Beaches.

These programs grew out of the garden therapy project which was started by the Chattahoochee Garden Club. In the beginning our emphasis was on actual gardening, with club members supervising the patients in growing flowers in small beds on the hospital grounds. The monthly programs were to serve as an inspiration for our everyday gardening. The actual gardening part of our project was not entirely practicable (so far at least) but the monthly programs soon became an end within themselves. Almost at the outset it was evident that what the patients enjoyed most was not the gardening but the companionship. The question asked most often was not "When will the flowers bloom?", but "When will you be back?" It was not flowers, but a friend they needed.

The great psychiatrist, Dr. Karl Menninger, has said, "Love is nature's greatest remedy, it is the cure for all sorrows." Where we failed to practice the fine art of gardening, we tried to practice the fine art of being kind. Maybe it isn't garden therapy, perhaps there is a better name for it. But as a poet said:

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.

Measured by this simple standard, our work has not been lost.

"There are three kinds of people, those who make things happen, those who watch things happen and those who have no idea what has happened."

An "Award of Merit" will be given to the District that sells the most advertising for The Florida Gardener, beginning with the current issue, September-October, 1956, and will include all issues through the March-April, 1957. This award will be made at the Annual Convention next April by The Florida Federation of Garden Clubs, Inc. This announcement was made by Mrs. John R. Parkinson, President, Florida Federation of Garden Clubs, Inc.

FROM THE GROUND UP

by MRS. REGNER HANSEN, Horticulture Chairman, Ft. Pierce

Garden therapy expresses some of the highest ideals of garden club work. In this department much of the best of all our accomplishments are exhibited. It is a field that needs the cooperation of the artistic arranger, the horticulturist, the junior garden club enthusiast, the civic and social chairman, and it is closely allied with the work of the conservation department. In other words it is conservation, this time of the human element.

Most of us are aware of the fine work done by our clubs in veterans' hospitals, where our members teach the patients corsage making, shell work, and many other crafts in this vein. In some instances garden clubs have financed slat houses for veterans hospitals and T. B. hospitals for the use of ambulatory patients. However, we hear too often from clubs who do not know where to lend a helping hand because they are not near any such hospital. Yet there is so much to do for any club, if they will learn to look about for an opportunity.

It is well known that gardening itself affords a great uplift to anyone who might feel low in spirits. One woman's mental health was saved by a physician who ordered her to rise at six each morning and get out and work for three hours each morning in her yard. "Weed, plant, prune, create a garden," were his instructions, "and follow my advise explicitly. Do this, no matter how hard it is to get up or how badly you ache from the effort."

Growing Vegetables

An elderly man loved gardening and grew the finest vegetables anywhere; although his days were spent in a wheelchair, because his limbs had been shattered in an occupational accident. Some kind person (a garden club or member?) saw to it each season that his plot of ground was plowed, disked and bedded for him. He planted seed, fertilized, weeded and watered the plot himself out of his chair. Every day he was seen working in his garden. He shared his harvest with friends and even sold some for a little pocket money.

Near a polio ward on a hospital ground, a men's garden club maintained a flower garden for polio patients. Wheelchair patients and ambulatory patients worked in it when they wished to do so, some weeded and planted, some cut flowers and helped arrange them for bedfast patients. The whole ward knew whenever a new rose flowered, and each patient looked forward to the day he would be able to get out to it himself.

Shell Therapy

A deaf mute is raising a family on his own earnings, because someone bothered

to instruct him in shell craft. Learning to polish and treat shells and mount them on plaques in a lovely design was the beginning of his training. Now he ships these and shell jewelry all over the United States.

Most of our communities have class rooms for our exceptional children. Many of these are victims of cerebral palsy. These children are not feeble-minded. They welcome the garden club members who come in to teach them to make dried corsages, Christmas ornaments, dish gardens, plaques, etc. Unfortunately each of these children have to teach their fingers and hands to do even the simplest motions we do automatically, so it is with real awe that we view their handiwork, as we wonder at the patience and effort they put into everything they do.

Fly-tying became an important link in the recovery of one man's health. While recuperating from a severe illness that sapped his strength to a minimum, someone brought him a book about these fish lures. He dreamed then of the day he could cast his own lure and began getting ready for the moment by creating his own flies with equipment and materials brought in by friends when they learned of his interest.

Growing Miniature Trees

An arthritic patient learned to live with his pain because he became interested in growing the miniature trees as grown by the Japanese. In the confines of his bedroom he studied and created a beautiful window garden of miniatures on his window sill. Someone had thought to talk to him about these, and brought books, seeds, pots and dirt for him.

Orchid Growing

It has happened that right at home we can do some garden therapy. Time hung heavy on the hands of the author's husband when he had to get around on crutches because of a broken foot. The day he decided to help pot orchids was one of his best days. Thereafter he had something important to do. It was work that was light enough; but badly needed to be done. His days went by swiftly doing real work that was of true value.

Very often in our hospitals we find an auto accident victim destined to spend weeks and even months in the hospital. Many times these are people traveling through the State and have no friends or relatives nearby. How grateful they are to find a garden club member who will sympathize with them and who will teach them how to help wile away these wasted hours. They like especially to learn the plant life in the vicinity and

FLORIDA, AND THE PERMANENT HOME

by MRS. KARL A. BICKEL, Permanent Home Chairman, Sarasota

As the National Council nears the last \$50,000 lap of the goal line for the PERMANENT HOME, its future Headquarters, we are supplied with recent statistics concerning the Amounts contributed by each of the 44 States, and with their individual ratios of participation toward their 100% goals.

These statistics reveal comparative information by which each State can gauge its ratio of achievement in its support of the Permanent Home — the future Headquarters of the National Council — which will be located on the grounds of the St. Louis, Missouri, Botanical Gardens.

As of July 1, 1956, approximately \$250,000 had been contributed, by the Clubs and Individuals of the 44 States, toward the \$300,000 goal for the Permanent Home building fund. Four states had actually attained, and had far exceeded, their 100% State Goals, including Missouri, New Jersey, New Hampshire and Arizona. Twelve other States had raised over 50% of their Goals and nine States were in the 40% bracket. The fact remained, however, that another \$50,000 had to be raised in the immediate future for the completion of the Permanent Home Fund.

Florida, as the second largest State in Membership, ranks sixth among higher State Contributors, being exceeded in rank by Missouri, Texas, New Jersey, South Carolina and New York State. We can take pride in being the sixth highest of the State Donors among 44 States. Florida's total contributions, as of July 1, 1956, were \$6,628.74, which represents a 27% ratio of our goal of \$1.00 per Member. Our present Membership is 25,500. However, there is one revealing feature concerning Florida's contributions to the PERMANENT HOME that should be adjusted, if possible. It is, that only approximately one-fourth of our Membership has contributed to the Permanent Home Fund, and we have still to hear from three-fourths of our Membership who have made no contributions to the Permanent Home.

Texas, the only State that exceeds Florida in the size of its Membership, has attained the record of raising 64% of its Goal. Florida should not lag too far behind this, according to the size of our Membership. We certainly should outrank certain States that have half of our Membership.

As the Second largest State in Membership, and the Sixth largest contributing State at the present rating, let us strive to raise at least \$4,000 more for the Permanent Home, and to thus raise

our membership's participation beyond the 27% mark. It would be a wonderful achievement if Florida could provide a total of at least \$10,000 toward the Permanent Home.

We have a wide opportunity to accomplish this, if those of our members and clubs who have NOT contributed will do so NOW. It is the persons who reach the Goal line who **now** have importance. Clubs that have not reached their 100% quota should try to do so NOW—either through \$1.00 per Member donations, or Club benefit programs, or percentages of profits from fund-raising projects.

Let us maintain our prestige as the Second Largest State—NOT ONLY IN MEMBERSHIP, BUT IN GENEROUS SPIRIT—through our united support of the major project of the National Council, our PERMANENT HOME and National Headquarters.

Send **YOUR** donation direct to: PERMANENT HOME FUND, National Council of State Garden Clubs, Inc., Essex House, 160 Central Park South, New York 19, N. Y. Supply the name of your Club or Circle and the name of your City when sending donations.

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"FOLLOW SANTA'S FOOTSTEPS"

by MRS. CARL SUMNER GRAVES
President Lake and Hills Garden Club, Mt. Dora

Mrs. Owen W. Conner, our very active Junior Garden Club Chairman, included the three Fourth Grades in her program this year.

On the theory that the children were just emerging from their belief in Santa Claus, they were introduced to Garden Therapy with an invitation to "Follow Santa's Footsteps," and share in the spirit of Christmas by making others happy, just as Santa does.

Giant red footsteps marked the path to the school cafeteria where the program was held. A life-sized Santa beckoned a welcome at the door. The children were given a stick of candy to eat as they quietly watched the program.

Each room had the privilege of choosing a boy to act as Santa's elf, preferably one who would not have a Christmas tree at home. We put on imaginary caps, with a bell that tinkled softly, so we would know where they were. Imaginary slippers, so they could walk softly just as the little reindeers must practice jumping softly on the housetops, before they can go with Santa.

On the stage was a bare Christmas tree, and as I finished the little gifts and ornaments, the elves trimmed the tree.

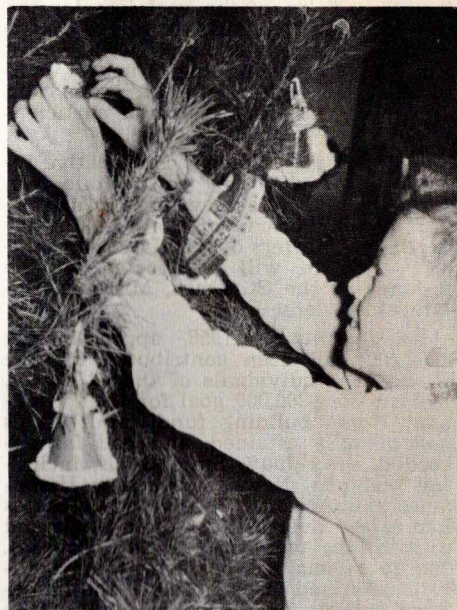
There was a gift for each member of the family — for the new baby on the street — for the little polio "shut-in" — their classmate who was home with the mumps, or measles — and a welcome for the family who just moved into the neighborhood.

Each child received a program, with Santa's footsteps walking across the cover. These were in booklet form, to be colored as they wished, with instructions, pictures and patterns for making all the gifts. We are planning to add a new sheet each year. The Junior Garden Club furnished all materials, and teachers and sponsors followed up the program with a workshop.

There was a display of suggestions and ideas for the Fifth, Sixth and Seventh grades. They were not all original — they were gathered from here and there — but presented with a new twist.

Mrs. Conner is a member of Poinsettia Circle, which has always done outstanding work with our Juniors — this year reporting 100% member-participation in Junior work.

Mrs. Kendall R. Jones, a talented member of Poinsettia Circle, designed our program.



LIFE MEMBERSHIP

by MRS. COVINGTON RILEY
Chairman, West Palm Beach

Life Membership in the Florida Federation of Garden Clubs is an honor for those who hold the welfare of the garden clubs' aims and ideals dear to their hearts and wish to always share and support this work.

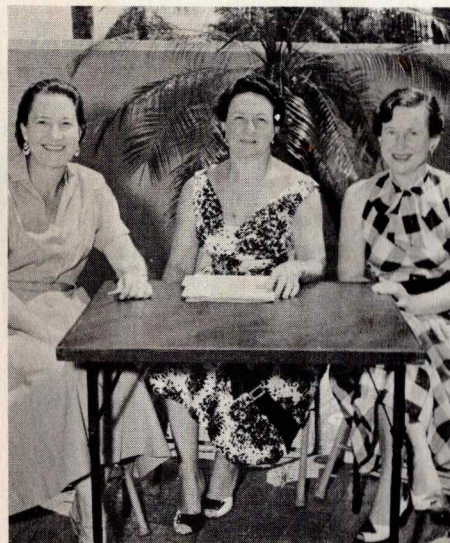
Many clubs and circles present Life Memberships to outstanding leaders, in appreciation of their efforts. It has been my pleasure to present some of these memberships, and see the joy and satisfaction it brings to the recipients.

Other certificates of Life Membership have gone to members who take great pride and joy in gardening in Florida and wish to always be a permanent support to the Federation.

There are now thirty-seven Life Members and we hope we will have many more by convention 1957, when I should like to have a special "get-together" for this select group.

Membership application with proper recommendations, should be sent to this chairman. Please allow time for this committee to consider and process applications.

Concerning dues, a question most frequently asked. Life Members pay no further dues to the State Federation, and they do receive The Florida Gardener. Local dues are controlled by local clubs.



Planning for the annual meeting of District VII are (left to right): Mrs. William T. Chennell, General Chairman; Mrs. Julian E. Laughinghouse, Director, District VII; and Mrs. Clifford E. Saunders, President of the Orlando Garden Club. The meeting is to be held in Orlando, Tuesday, October 2nd, at the new Orlando Garden Center, with the Orlando Garden Club as hostess.

JUNIOR GARDENING WORKSHOP DISTRICT XI

The District XI Junior Gardening Workshop will be held November 1, 1956 at 10:00 A.M. at the Miami Springs Recreational Building, 401 Westward Drive, Miami Springs, with the Miami Springs Garden Club as hostess. A light lunch will be served by the club at a nominal cost.

In connection with the workshop, Mrs. Novelty, the District Chairman, is asking that all who have slides in color or black and white, contact Mrs. Louis Novelty, 3635 N. W. 3rd Street, Miami. The plans for compiling a file of Junior activities to be shown or loaned to Junior Gardening Chairmen has been favorably received by the National Chairman, Mrs. Sam Peeples. The slides, after duplicates are made, will be returned to the owners. Mrs. Novelty will take slides where none are available, upon request. This idea being sponsored by Mrs. Novelty is something new in Junior Gardening.

DISTRICT JUNIOR GARDENING CHAIRMEN

District X: Mrs. Clifford Hagemeyer
R. R. No. 1, Box 267, Delray Beach
District XI: Mrs. Louis Novelty
3635 N. W. 3rd St., Miami

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GARDEN THERAPY IN DISTRICT ONE

by MRS. ROBERT A. GOTTFRIED
District Director, Shalimar

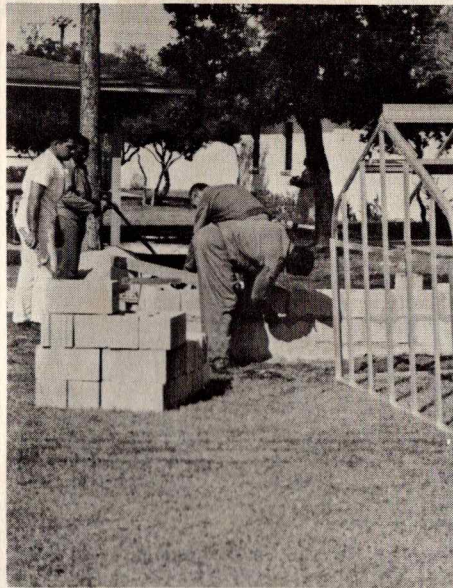
The EGLIN AIR FORCE OFFICERS' WIVES' GARDEN CLUB with the cooperation of the 3201st U. S. A. F. Hospital established a Garden Club Therapy project about two years ago, in which the hospital patients DO THE WORK in the garden, under the direction and supervision of the Garden Club Therapy chairman, her committee and the hospital Occupational Therapy officer.

There are two patios or garden areas in which seasonal plantings are made. A rose garden, bulb gardens, foundation plantings, camellias, azaleas, cut flowers and lawns are maintained throughout the year—BY THE PATIENTS OF THE HOSPITAL. In the past year a small greenhouse was donated to the project. The patients mixed the cement, laid the foundation, and erected the metal structure and installed the glass. The patients have also laid flagstone and cement for terraced areas.

Every Monday, throughout the year, two or more of the Garden Club's Garden Therapy committee collect flowers, and conduct flower arranging classes for the female ambulatory patients. Only arrangements MADE BY THE PATIENTS are used on the following day, Tuesday, to decorate the Red Cross recreation area for all of the hospital ambulatory patients' weekly coffee social hour.

Nearly every club in the District conducts a Garden Therapy program.

The GULF AREA GARDEN CLUB has adopted every patient from Okaloosa County who is in the W. T. Edwards T.B. Hospital in Tallahassee, as well as a patient at Fitzsimmons Army Hospital in Denver. The EDGEWATER GARDEN CLUB maintained therapy projects and conducted workshops in their local hospital. The VALPARAISO GARDEN CLUB conducted a corsage workshop on Valentine Day which resulted in corsages for patients and nurses at their local hospital. GARNIER BEACH GARDEN CLUB maintains a Garden Therapy program among the residents of Garnier Beach who are ill, bereaved or convalescent. The PENSACOLA FEDERATION OF GARDEN CLUBS, Inc., carried on extensive and far-reaching projects in the U. S. Naval Hospital, Crippled Children's Home, Ladies' Home, the Convalescent Home, as well as all of the local hospitals. Resulting in the making and distributing of mobiles, dish gardens, corsages, flower arrangements, as well as holiday decorations and special occasions, to mention only a few, and briefly, the many accomplishments of the very active Garden Clubs' Garden Therapy projects in District One.



The Garden Therapy project of the Eglin Air Force Officers' Wives' Garden Club is the most important and far-reaching project of the Garden Club. The above picture shows the first steps in the erection of the Greenhouse by Occupational Therapy patients of the 3201st USAF Hospital. The greenhouse was purchased and given by the Eglin Air Force Officers' Wives' Club to the Occupational Therapy department of the hospital. The laying of the foundation and erection of the greenhouse was done exclusively by the hospital patients.

NEWLY-APPOINTED CHAIRMAN

Mrs. H. Jeff Davis, 121 N. Jackson Street, Quincy, is the Chairman of the By-law Revision Committee.

CHANGE OF ADDRESS

Mrs. W. M. Allison, Third Vice-President, 1501 S. E. 12th Street, Ft. Lauderdale.

Mrs. Herron Nealy, Book Service Chairman, 3320 N. W. 10th Street, Gainesville.

GARDEN THERAPY REPORTS

Garden Therapy Chairmen please send a report of your work to Mrs. R. C. Lohmeyer by January 15, 1957. Your State Chairman will make a report of your work and a file of what is being done within the state. We want to know what is being done, where and how. The report given at the convention is your report. If no report is sent in, it will be interpreted to mean no work is being done in your club. Please send your report to Mrs. Lohmeyer at 1296 N. E. 99th Street, Miami Shores 38.

SUGGESTIONS FOR GARDEN THERAPY PROJECTS

- 1—Show patients how to make special favors and miniature arrangements for hospital trays.
- 2—Corsage instructions are interesting, and even those with crippled hands have surprised us with their ability.
- 3—Small window or bedside plants, cuttings are easily grown from many of our plants.
- 4—Button gardens are quite popular in some hospitals. They are not too difficult to make.
- 5—Some institutions have their own cutting gardens. This could include vegetables as well as flowers.
- 6—Why not start a garden library? Scrapbooks could be filled with fine materials — clippings from newspapers, seed magazines, garden club magazines would create other jobs. Each Scrapbook or Folder could be set up with a specific phase of gardening—corsages, flower arranging, houseplants, button gardens.

CHANGE OF ADDRESS OR NAME

Notify: Mrs. Andrew A. Gurke
1555 Van Buren St.,
Hollywood, Florida

Club

Name

Old Address

Code #

New Address

Please include 10c for each change of address.



Pat Waldo has reason to be doubly happy in this picture. In winning a blue ribbon for his arrangement at his school's junior show, he became eligible to compete in the Gainesville Garden Club Flower Show against the junior winners from all the other elementary schools of the city.

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NEEDED: THERAPY ENTHUSIASTS



Mrs. Harold Sneeringer, standing, first Garden Therapy Chairman for the Gainesville Garden Club, now on the staff in occupational therapy at the Florida Farm Colony.

Two youths — patients benefiting through garden therapy.

by MRS. HAROLD SNEERINGER, Gainesville

Helping Florida's retarded and epileptic children to benefit from gardening experiences has been one of the worthwhile Garden Therapy projects of the Gainesville Garden Club. Members have worked in cooperation with the therapists at the Florida Farm Colony to aid many of the children to find satisfaction in planting, raking, watering, weeding, mowing, growing vegetables and flowers, arranging corsages, making Christmas wreaths and just watching things grow. Seeds, plants, flowers, cuttings, tools and equipment coming from the generous interest of garden club members from Gainesville and nearby areas have combined with state funds to bring joy and healthy activity to these handicapped children.

Staff Members Garden Clubbers

That Garden Therapy is successful at the Florida Farm Colony can be further evidenced by the fact that two of Gainesville's dedicated volunteers have become part of the staff. Mrs. Harold Sneeringer, the first Garden Therapy Chairman, and Mrs. Paul Frierson, Garden Club member and Gray Lady, are now employed in the Occupational Therapy Department.

Like a great poet, nature produces the greatest results with the simplest things. There are simply, a sun, flowers, water, and love.

Greenhouse Plans

The Gainesville Garden Therapy Chairmen have begun the ambitious project of providing a greenhouse for the children at the Farm Colony. A greenhouse will enable children, who are physically disabled and confined to wheelchairs to participate more fully in planting and caring for plants. Those who can appreciate beauty and want to care for their own plants and cuttings will be better able to do so under the protection of a greenhouse. Plans are for a structure to be erected in the gardening area of the planned new Occupational Therapy Building. The cost of the greenhouse would be about \$1,000.00. Garden Club members have contributed cement blocks, steel window sash and funds to purchase part of the window glass. Other sections of the state have become interested in this project and checks from other districts have been gratefully received in the Greenhouse Fund.

Are you a therapy enthusiast? Does your Club have an active therapy project? Will you subscribe to one of those projects that needs your help?

"Gardening is simply a matter of your enthusiasm holding up until your back gets used to it."

EDUCATORS AT CONSERVATION WORKSHOP



The Conservation Workshop held at Florida State University, which was underwritten by partial scholarships given by clubs and the Florida Federation of Garden Clubs, Inc., was most successful. All students are enthusiastic and they urge a continuance of the conservation workshops as they anticipate incorporating the tools of resource education in the classroom.

Among those attending the Conservation Workshop, seated left to right: Mrs. Bernice Caswell, General Supervisor, Calhoun County (Blountstown); Mrs. Ruth M. Walden, Brevard County (Cocoa); Mrs. Martha I. Mobley, De-

Soto County (Arcadia); Mrs. Edith H. Craig, Lake County (Leesburg); Mrs. Gladys L. Barnes, Hillsborough County (Tampa); Mrs. Marian P. Sadwick, Pasco County (Dade City); Mrs. Sally H. Allison, Manatee County (Bradenton); Mrs. Robert L. Fairing, State Conservation Chairman (guest).

Standing: Professor Henry Becker, Head Department of Geography, FSU; Mrs. Carol Van Assenderp, Leon County (Tallahassee); Mrs. Edna Foxworth, St. Johns County (St. Augustine); Mrs. Marian M. Perez, Monroe County (Key West), and Dr. John Boynton, Director of Conservation Workshop.

"You won't find many success rules that work unless you do."

BISCAYNE PARK GARDEN CLUB BECOMES FEDERATED

MRS. JAMES H. TURNER

We have toiled in the soil
And have weeded in the sun.
We have watered, raked and planted,
We have chinch bugs on the run.
We have listened to our speakers
Tell of pollen, birds and bees,
We have rambled at Vizcaya
We have trimmed some Christmas trees.
We can recognize a Hogarth,
Bend a palm frond, wire a rose,
Shade a patio in summer,
Win blue ribbons at the shows.
The fact that we are proud of most
After one year on probation,
Is to know that we are finally in
The Florida Federation.

Editor's Note: Mrs. Turner served as President of the Biscayne Park Garden Club; she resigned because she moved to Orlando.

National Council has announced that the subscriptions to The National Gardener shall be one dollar (\$1.00) a year — **no reduction for longer subscriptions.** Mrs. Floyd E. Mitchell, State Chairman, National Gardener Circulation.

The Rev. C. S. Harrison's admonition "We pass this way but once. Let us beautify the path as we go so the world may see which way we went" is constantly being followed by thousands of garden club members of the state who have teamed together to make a more beautiful Florida.

"DON'T BE A LITTERBUG" campaigns, including use of "LITTERBAGS" and travel trash receptacles, for cleanliness along our roadsides and public areas; plantings for safety and roadside beauty; regulation of land uses for the good of communities as a whole and preservation of the state's natural scenic beauty through statewide zoning are estimable planks in the noteworthy platform planned to enhance Florida's heritage.

CONGRESSMAN
WILLIAM C. (BILL) CRAMER

FLOWER SHOWS SCHEDULED

by MRS. ARTHUR F. COE, *Chairman, Jacksonville*

- 1956
 November 15 "Thanksgiving Day" Theme Show, Davis Islands Garden Club, Tampa.
 November 30 "Yule-Tide Festival," Ribault Garden Club, Jacksonville Beach.
 December 8-9 Christmas Show, Garden Club of Orlando — Garden Center.
 1957
 January 26-27 Annual Camellia Show, Garden Club of Jacksonville.
 March 4-5 "Happy Hours With Flowers," Belleair Garden Club — Belleview Biltmore Hotel.
 March 9-11 Spring Show, Garden Club of St. Petersburg.
 March 12-13 Spring Show, Manatee River Garden Club, Bradenton — Art League Building.
 March 13-14 Spring Show, Sarasota Garden Club — Municipal Auditorium.
 March 14-15 Annual Flower Show, Clearwater Garden Club.
 March 16-17 Annual Flower Show, Melbourne Garden Club.
 March 23-24 Spring Show, Garden Club of Stuart.
 April 4-7 Metropolitan Miami Flower Show—Dinner Key Auditorium.
 December 6-8 "Floridarama," STATE FLOWER SHOW, Lake County Council of Federated Garden Clubs, Eustis — National Guard Armory.

CALENDAR OF FLOWER SHOW SCHOOLS

COURSE I

- October 9-11, 1956 — Lake City
 Mrs. J. A. McColskey, Chairman
 Box 446, Lake City
 October 17-19, 1956 — Fort Pierce
 Mrs. Ruth Dean Yonge, Chairman
 Box 788, Fort Pierce
 October 17-19, 1956 — Miami
 Mrs. Harry E. Crim, Chairman
 415 Marmore Ave., Coral Gables
 October 17-19, 1956 — Crestview
 Mrs. Rhett E. Enzor, Chairman
 Box 237, Crestview

- Instructors:
 J. M. Crevasse, Jr.
 Mrs. Ira J. Varnedoe
 Instructors:
 Mrs. Archibald W. Walker
 Mrs. Jack White, Jr.
 Instructors:
 Mrs. Archibald W. Walker
 Mrs. John R. Bear
 Instructors:
 J. M. Crevasse, Jr.
 Mrs. Horace Tompkins

COURSE II

- November 7-9, 1956 — Haines City
 Mrs. C. H. Fletcher, Chairman
 Box 371, Haines City
 November 13-15, 1956 — Sanford
 Mrs. James W. Guy, Chairman
 103 N. Mellonville, Sanford
 November 13-15, 1956, — St. Augustine
 Mrs. Chester V. Loach, Chairman
 Box 218, St. Augustine

- Instructors:
 Mrs. Alma Funk
 Mrs. Mabel Boone
 Instructors:
 J. M. Crevasse, Jr.
 Mrs. Ira J. Varnedoe
 Instructors:
 J. M. Crevasse, Jr.
 Mrs. Jack White, Jr.

COURSE III

- October 2-4, 1956 — Tallahassee
 Mrs. Millard Davidson, Chairman
 2105 W. Randolph, Tallahassee
 October 23-25, 1956 — Orlando
 Mrs. A. F. Christopher, Chairman
 530 S. Hampton St., Orlando
 October 25-27, 1956 — West Palm Beach
 Mrs. V. C. Matteson, Chairman
 1301 S. Flagler Drive, West Palm Beach

- Instructors:
 J. M. Crevasse, Jr.
 Mrs. John R. Bear
 Instructors:
 Mrs. Alma Funk
 Mrs. Anne Sara
 Instructors:
 J. M. Crevasse, Jr.
 Mrs. Earl B. White

COURSE IV

- November 13-15, 1956 — Clearwater Beach
 Mrs. Julio J. Guerra, Chairman
 1040 Mandalay, Clearwater Beach

- Instructors:
 Mrs. Alma Funk
 Mrs. John R. Bear

COURSE V

- October 9-11, 1956 — Panama City
 Mrs. Joe Allison, Chairman
 541 Grace Ave., Panama City
 January 9-11, 1957 — Gainesville
 Mrs. Robert L. Fairing, Chairman
 Kirkwood, M. R. 2, Gainesville

- Instructors:
 J. M. Crevasse, Jr.
 Mrs. Horace Tompkins
 Instructors:
 J. M. Crevasse, Jr.
 Mrs. John R. Bear

A THERAPIST'S NOTEBOOK

by MR. FLOYD PINSON, *District VII Garden Therapy Chairman, Orlando*

It is the most natural thing in the world to want to tell others about the things we enjoy, beautiful flowers, a rare plant, an exciting experience. Especially if we think they might like to try it. There is a special kind of pleasure in sharing.

Often someone will say, "I would like to work in Garden Therapy, but my Club doesn't have a project; anyway, what can one person do?" Shall we tell them? "Everything that has been done in this world had to be started by someone."

What Is Garden Therapy?

That intangible something known as Garden Therapy is the term used when working with nature it serves as though it were medicine. It is just as difficult to define as love or faith, the results and effects prove its value. Garden Therapy is not new, the Greek physicians advocated it 500 years before Christ. It was used in Quaker Sanitariums in Ben Franklin's time for the mentally ill. Our doctors prescribed it for service men during the wars. The outdoor activity, the closeness to nature is the important factor in restoring faith and understanding.

Garden Clubs' Role

What part does the Garden Club play in this? We encourage others to plant seeds, make flower arrangements, study bird life and there are other phases of our important work. We provide materials, instructors and assistants for the programs.

It is in the preparation, presentation and participation in garden therapy that you find your own satisfaction in knowing that you have contributed in some way to the welfare and happiness of others.

When we work with handicapped people we call it "curative therapy," as in hospitals, with retarded or exceptional schools and the blind. "Preventative therapy" is designed to aid in the prevention of an illness. Youth is filled with restlessness and discontent as well as ambition, inquisitiveness and adventure. It is through this channel that we can give them new interest, new ventures, keep them busy working, creating with their hands and mind. We use this preventative therapy in our youth centers, boys' and girls' clubs, Scout groups and schools.

This may not sound exciting to you, but have you ever tried to determine just who are the happiest people in the world? Think of the people you know, friends, relatives, people whom you have met; isn't it the one with a genuine interest in their fellowman? Isn't it the one that is active?

To get rewards from a job well done, fit your talents to your work. Everyone has some degree of skill; use it, pass it on to others. It is surprising what this can do in therapy and even more surprising what it can do for you.

Do's and Don'ts for Chairmen

Organize your committee, encourage the members to take an active part in planning the programs. Set your goals, plan ahead, hold workshops, develop leadership among your committee members.

Delegate your projects, they should be defined. Each person deserves a clear understanding of the responsibilities of his job. Direct your effort toward those people who are willing, but need assistance. Keep your project simple, use easily obtained material and material that lends itself to variation. Adjust the project to the person rather than the person to the project. Emphasize color and form. Schedule regular projects. Not all people are alike, human needs differ, so make the programs varied and tailor made.

Class Time

We have found that the best time to hold classes in schools and institutions is during the first 10 days to two weeks of the month as most holidays are in the last part of the month. Morning classes from 10 to 12 noon are best for the student and members have more free time from their home duties. You don't have to be a Flower Show Judge to show a beginner something about flower arranging and dish gardens.

We will probably never have all the information we need, yet we rarely use all the information we can get.

"There is a place for you to fill, some work for you to do, That no one can or ever will do quite as well as you."
 —author unknown.

"A great deal of talent is lost in this world for the want of courage."

MRS. STEVENS PRESENTED CIVITANS AWARD

Mrs. R. E. Stevens, Parliamentarian for the Florida Federation of Garden Clubs, Inc., was presented the Outstanding Senior Citizen Award by the Civitan Club of Daytona Beach. Mrs. Stevens was honored for her work with the Daytona Beach Beautification Advisory Board for her part in the fight to save the trees of the Halifax area.

In addition to a plaque for her community service, Mrs. Stevens was presented a blooming orchid plant.

GARDEN THERAPY AT LANTANA

by MRS. BERT HOPSON, *Belle Glade*

Members of District X of the Florida Federation of Garden Clubs, realizing Garden Therapy has been recognized by Medical Science as of great therapeutic values to persons who are ill—both mentally and physically as well as the physically handicapped, decided to help in this worthwhile field, which is relatively new and took as their project the Southeast Tuberculosis Hospital at Lantana.

The hospital is situated on 160 acres with 18 buildings including the main hospital, a modern nurses home, a laundry and other utility buildings. The imposing main building is 741 feet long and accommodates nearly 500 patients.

The District X Therapy Chairman, Mrs. Blue Baker, began promoting the project by getting everyone she came in contact with interested in taking cut flowers, potted plants and small dish gardens to the patients for their bedside enjoyment. The patients enjoyed caring for and watching these grow. Even those patients who had to have complete rest found taking care of a small dish garden took little strength but gave them an added interest while taking their enforced rest, so necessary for a complete recovery. One patient said it gave her something other than her condition to think about; that to see healthy growing plants sending up a new bud or leaf seemed to be symbolic of her own future.

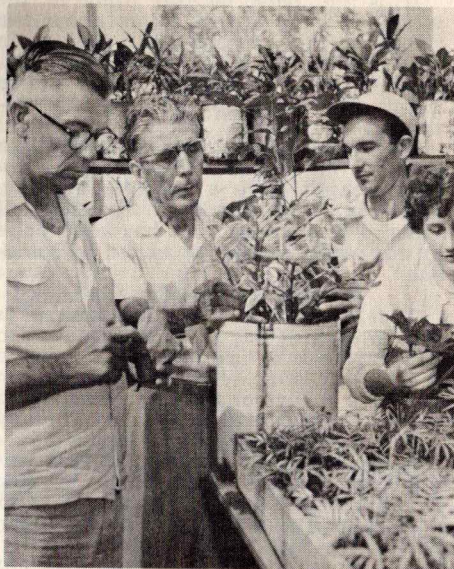
Citrus Grove Planted

The old District VI Garden Clubs sponsored a citrus grove at Lantana. There are about four hundred trees planted, all donated by Garden Club members and friends. These trees will furnish the patients with their much-needed citrus fruit.

Slat House Constructed

The need of landscaping the grounds about the Hospital was most evident. The District X Garden Clubs built a slat house on the Hospital grounds with a two-fold purpose; to grow plants from seeds and cuttings to help beautify the grounds and to provide an incentive for patients to enjoy Garden Therapy. The dedication of the slat house was held last November following a garden therapy work shop. Garden Club members from all parts of the state attended.

Thousands of cuttings are growing in the slat house now, and several thousands of shrubs and trees for foundation planting are ready for permanent placement. Already three hundred various colorful hibiscus line one side of the entrance drive to the hospital. Some of the shrubs and trees will be reserved to help landscape the planned picnic area for the patients and their visitors.



THERAPY AT LANTANA

A new slat house provides interesting therapy for patients at Lantana hospital. Left to right: James Rimes, from Ft. Pierce; William Milton, Ft. Lauderdale; Earl and Gloria Moss, Belle Glade, are shown as they examine plants in the new project.

"It's the little kindnesses you do for people that they appreciate most."

Ming Trees

A well planned Garden Therapy program has been completed. Instructors have already been secured to teach patients to make imitation Ming Trees from material gathered from the grounds. Fresh and dried corsage making will be taught, also classes will be held in fresh and dried flower arrangements.

Patients Participate

Barely a year ago there were less than 10 patients on a high activity classification able to participate in any kind of recreation or entertainment. Today at Lantana there are as many as 200 patients capable of enjoying a more active schedule. Therefore the need is greater for a well planned an interesting program, together with more equipment for this recreational project, and the District X Garden Clubs members are proud of the privilege of being able to participate in the Garden Therapy at Lantana.

One cannot get nearer to the Gods than by giving health to his fellowmen. —Socrates.



MRS. SHELDON SMITH
Radio and Television Chairman, District XI

"GARDEN CLUB OF THE AIR"

by Mrs. JESSE O. HYDEN, *Miami*

The District Television program under the leadership of Mrs. Luther H. Atkinson has been planned for District XI. Mrs. Sheldon Smith of Miami was appointed Chairman of Radio and TV for the District by the Director, and together they have planned the programs.

This series of 13 programs will be on the Educational Station WTHS, Channel 2, from 8:30-9 P.M. each Monday night, starting with the October 10 program. The first program will feature **Fr. Fred-eric B. Stresau**, Landscape Architect of Ft. Lauderdale; the topic of this program is **Garden Design**.

Other programs to be included are: How and When to Fertilize; Patio Planting; Corsage Craft; Roses, Selection and Culture; Soil and Composting; annuals; Flower Arranging and Propagation.

A TV Council has been formed in the District, composed of all the presidents of the federated clubs within the districts. Committees have been formed to assist with the planning and selecting of subjects which will be timely and suitable for a diversified gardening program. A program that would interest the viewing public as well as one that would promote the objectives of National Council and the Florida Federation. The manual written by Mrs. Dana Shelby Diehl is the guide used for planning. Through the co-operation of the Dade County Board of Instruction and the Hector Supply Company, the sponsor for the program, the plans are becoming a reality.

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CLERMONT CHEERS WITH FLOWERS

by
Mrs. Howard Young, Hibiscus Circle
and
Mrs. Taylor Hunt, Indian Hills Circle
CLERMONT FEDERATED
GARDEN CLUB

The largest project of the Indian Hills Circle is KEEPING FRESH FLOWER ARRANGEMENTS in EVERY ROOM at Clermont's South Lake Memorial Hospital. This has cheered many patients as their numerous letters of appreciation have stated.

Recently PLANTER BOXES filled with interesting Tropical plants have been placed in the hospital rooms.

AT CHRISTMAS TIME THE ENTIRE HOSPITAL IS DECORATED so that anyone entering the lobby knows that the Christmas spirit has not been forgotten here.

A wreath or swag is placed on the doors, and a holiday arrangement in every convenient spot. Last year a small live tree was decorated for each patient's room and a large one for the Lobby. Before the holidays a GIFT WRAPPING CONTEST is conducted among members, the package to contain a GIFT FOR A HOSPITAL PATIENT. Some of these gifts are taken to THE CRIPPLED CHILDREN'S HOSPITAL at Umatilla.

Plaque Art Kits

At other times during the year HOSPITAL TRAY FAVORS, such as MINIATURES and SMALL CORSAGES are made. PLAQUE ART KITS are given to the Hospital for Convalescent cases. These are painted cigar boxes containing all materials and directions for making Miniature Plaques. READING MATERIAL is collected, such as small magazines and Pocket Books. BOOK MARKS are made and given with the books to the Hospital and Bay Pines Veterans. Some Club Members TEACH SHUT-INS to WEAVE WITH PALM MATERIALS. All Club Members VISIT SHUT-INS and take them FLOWERS as often as possible.

Financing

These PROJECTS ARE FINANCED by selling Needle Point Holders, Clay Wire, and Corsage Materials. Some members make and sell articles from PALM SPATHES. DRIED ARRANGEMENTS AND CHRISTMAS DECORATIONS are made and sold. One member decorates DRIFTWOOD which is sold to a Local Gift Shop. At present two members are making Wood Plaques, decorated with driftwood and dried wild flowers, for sale this Fall.

THE HOSPITAL GROUNDS have been planted and supervised by the Hibiscus Circle for years. The new building, with all the grading, created



Left to right: Mrs. Ray McCaffery and Mrs. J. Franklin Bennett, members of the Indian Hills Circle of the Clermont Garden Club, arrange flowers at the hospital.

"No one is useless in this world who lightens the burdens of it to anyone else."—Dickens.

many new problems; some are still being solved.

This Therapy work works both ways—the Club Members who keep busy are extremely happy in doing such worthwhile work.

Plaque Making

The Wood Plaques which some of the girls have enjoyed making so much have endless possibilities as THERAPY WORK. All that is needed is a board, painted, varnished, or unfinished, some plastic wood and enough household (Duco) cement to make a heavy paste. Take seed pods, dried leaves, branches, lichens or any other interesting dried material, arrange in a pleasing design and fasten them on with plastic wood paste. Sometimes a few hidden thumbtacks are necessary. Any partial Invalid or Shut-In can do it, whether old or young. If they are not for a Flower Show, painted materials, shells or what have you can go into the design. All the friends can become material hunters, scanning trash heaps and old dried up bushes. Anyone starting this hobby needs storage space. We have never seen the finished boards offered for sale that they were not soon sold.

MAGNOLIA CIRCLE ON THE AIR

by MARY ELLEN POFOHL
Magnolia Circle, Gainesville

When the Magnolia Circle in Gainesville was asked to take charge of a radio program, we were literally up a tree. We started with a general meeting of many circle members and high hopes. Hours later, we had decided nothing except that the program was to be about Magnolias by Magnolia Circle members, and our high hopes had slipped several notches.

Actually, writing a radio script is a great deal like making an arrangement. You need a subject, a design or outline, materials to arrange, and the ability to arrange the materials. We had our theme, we gathered material from the public library, garden magazine files, and from other authoritative sources, and for ability we substituted hard work.

For our design, we outlined the points we wanted to cover in the program, stressing general interest and including descriptions of magnolia specimens common to Florida, cultural information, and uses of magnolias in landscaping; also descriptions of magnolia plantings of beauty in the Gainesville area.

After gathering all of the information for the program, it was decided to have a question and answer format. In order to interest our Junior Garden Clubs, a Junior Gardener was asked to be the questioner. Two circle members with voices that would compliment each other were chosen to answer the questions.

In planning the script, we followed principles of balance and unity. Since variety is necessary to hold interest, factual material was interspersed with descriptive phrases. At all times an attempt was made to use colloquialisms and to keep the program conversational. Often we went over the script while we were writing it to check readability and to time it.

When the script was finished, typed, and proofread, the participating three people practiced reading it. Our radio chairman purchased tape for recordings, and a date was set for the recording. **MAGNOLIA CIRCLE WAS ON THE AIR!**

Mrs. Jack White, Jr., Live Oak, will appear on a Symposium conducted by The Garden Club of New Jersey on November 28th, 1956 at Orange, New Jersey. The theme assigned to Mrs. White for the first part of the program is "Christmas Eve." Mrs. White will feature Florida materials—tropical and festive as "Christmas Eve in Florida." Also appearing on the Symposium are Mrs. Lawrence N. Wilson, Mrs. J. Lloyd Ber-rall and Mrs. Raymond Rohde.

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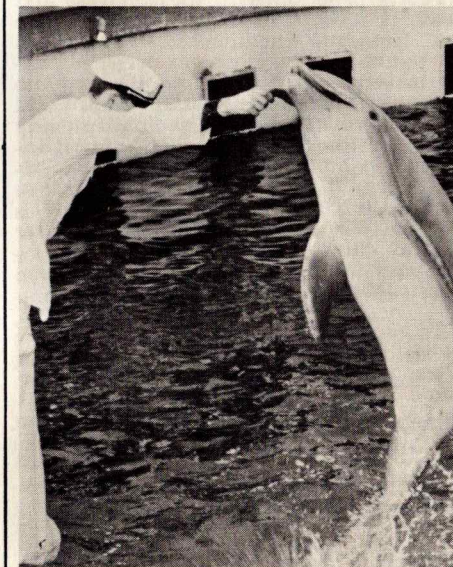
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FORT WALTON BEACH, FLORIDA

By *Adelaide O. Nieland*

Whether garden club members are staying at home for the summer or traveling, much of their time continues to be centered on gardening and garden club interests.

Flower Show School students are busily reading or reviewing required books and many members are preparing material for fall shows and Christmas sales. Still others, as they travel, are not only observing closely the plant life they see, but they are also studying carefully the techniques of other garden clubs in civic projects, home planting, and similar activities.

Civic Beautification

Beautification projects initiated by garden clubs are receiving increasing recognition from city officials or others concerned as indicated by the full cooperation extended to the clubs in many instances.

The Boca Raton Garden Club has completed the first stage of its long-range planting program with the clean-up and beautification of the local cemetery. The next project—scheduled this year—will be the planting to go south from Palmetto Park Road on Dixie Highway to the F. E. C. Station and then west to El Rio Canal. The F. E. C. is displaying tangible interest in the work by planning to paint the station, once the landscaping is completed. "Make a Garden of Winter Garden" has been adopted as the year-round theme for the Winter Garden Garden Club. An intensive two-week spring clean-up campaign involved every civic organization in the community. Young people were enlisted also, their interest being aroused by means of essay and poster contests. Following through further, Winter Garden club members appealed to the City Commissioners for a new sprinkler system at the post-office. This was granted, the pipe being donated by Mr. Hoyle Pounds. The camellias, podocarpus, azaleas, and boxwood planted there during the past three years by Mrs. Fred Roper, planting chairman, and her committee, now have a much better chance of survival.

A committee from the Hialeah Garden Club, with Mrs. Fred S. Stone, chairman, requested the Mayor and the Commander of the American Legion in Feb-

ruary 1956 for permission to beautify the Memorial and Honor Roll in Triangle Park. This was allowed and an attractive planting of ixora plants and ligustrum was completed by the end of March. Members of the Legion Post and the City Parks Department did the necessary painting, thereby registering their approval of the project. City officials of St. Augustine are showing considerable interest in the city-wide beautification plan initiated by the Cherokee Garden Club. Mrs. Herbert E. Wolfe, general chairman, and her committee are working to make St. Augustine truly a "City of Flowers".

A newcomer in the Federation, the Julington Creek Garden Club, with Mrs. Fleming Bowden, Jr., president, has set community beautification as one of its goals. The Brooker Garden Club plans to beautify their new city park this year and the Daytona Beach Council of Garden Clubs for the Halifax District will landscape a new recreation area. This is in the Welch section adjoining the Council for the Blind Building. The over-all plan will be apportioned to various individual clubs of the Council.

Pahokee-Canal Point Garden Club members have completed their joint project, the landscaping of the Everglades Hospital in Pahokee, and the Pahokee Club now has shrubs ready to plant the city entrance to Lake Okeechobee Dike. Despite the unusually dry weather this summer, Belleview Garden Club members have kept the trees and other plantings around Lake Lillian in fair condition. Other organizations are cooperating with the club in making their home town more attractive. Two truckloads of daylilies were recently donated to the Deland Garden Club by members and their friends. Some of these were planted along several blocks and others were used to make a six-foot border in the downtown Bandshell Park. The plants left over will be given to the schools and other public buildings.

Highway Beautification

The Starke Garden Club has continued to maintain the plantings on the highway approaches of 301 and 100, both north and south of Starke. A recent editorial in the Bradford County Telegraph in commending this project, gave high praise to the garden club with special mention of the leaders in charge, Mrs. Frazier Shaw and Mrs. J. D. Doyle.

The Palatka Garden Club and the Julington Creek Garden Club both have plans for improving their highways. Palatka members will beautify Highways 17 and 100 and the Julington Creek Club will include in their project all roads leading into their community. The Deland Garden Club will also plant along Highway 17. They are cooperating with the State Road Department in

setting out plants along the center parkways of both this highway and Highway 92. Boca Raton Garden Club members will likewise landscape a highway island. Plantings will be put in where an area has been cleared for a roadside park on the Federal highway south of the city.

The Sebring Garden Club has a "Project Palms" program. In May 1952, members of the club, under the direction of Mrs. Harvey W. Gardner, set out 500 cocos plumosa seedlings in cans to be grown for highway beautification. In June of this year they were re-planted by Mrs. Gardner and her committee on a plot provided by the city. Here they will have a chance to put on more growth and, in due time, will be large enough to be set out at the new highway entrance to Sebring. The DeLeon Springs Garden Club has placed attractive signs at strategic points requesting the cooperation of the public in keeping the roadsides at the north and south entrances on Highway 17 free of litter.

Flower Arrangement

The Council of Garden Club Presidents of Dade County sponsored a series of book reviews this summer, beginning July 11th. Meetings continued until all books on the National Council reading list were covered. These reviews were especially planned as a service for prospective judges who are to take their reading examination this fall, but others interested could attend. The project proved highly successful with good attendance reported throughout.

Flower show schools continue popular, and in Coral Gables response has been so satisfactory all five courses are to be repeated. Mrs. Harry Crim, 415 Maremore Avenue, will be in charge of Course I which will be held October 17-19. Garden clubs are already looking ahead to the out-of-the-ordinary decorating requirements of the holiday season and some clubs are planning special demonstrations and lectures on the subject. The Shenandoah Garden Club of Miami will have Mrs. L. Roy Brace of Sarasota present a program entitled, "Tropical Christmas Arrangements and Decorations," December 5th and on November 8th, Mrs. J. Lynwood Price will give a demonstration on Christmas arrangements for the Gainesville Garden Club. In both cases, visiting garden club members will be welcome.

Flower Show Judging

Judges must necessarily keep alert to new rules and developments in both horticulture and flower arrangement and area meetings are therefore of much value to them. District VIII will have a meeting of the Florida Council of Flower Show Judges November 8th at 9:30 A.M. in a St. Petersburg church at 11th Avenue N. and 49th Street and District XI will hold a similar conference Octo-



Courtesy Winter Garden Camera Exchange
Mrs. D. Fleming (left), incoming President of the West Orange Garden Club of Winter Garden, and Mrs. B. J. Aitken, outgoing President, examine an unusual and rare tree fern donated by John's Nursery to the Tropical Gardens on Lake Apopka. This plant made the 250th permanent plant set in the new Gardens now being developed, an area of three acres. Two thousand Daylilies have been set and a large amaryllis and bromeliad bed has been completed. Many rare plants have been donated by local citizens and Nurseries from all over the State.

ber 23rd at 10:30 A.M. in the Garden Center at Hugh Taylor Birch State Park in Ft. Lauderdale.

Flower Shows

Despite the unusual hot weather, drought, and pests in discouraging numbers, the Palatka Garden Club went ahead with its plans to stage a hibiscus show. This was held in August as scheduled and was highly successful, both as to the variety and quality of the specimens displayed and the number of enthusiastic garden-minded people who attended. The West End Garden Club of Miami is sponsoring a standard flower show October 25th, "The Land of Fun," with the Biscayne Park, Ken Pines, and Seagrave Garden Clubs cooperating. The show will have a two-fold purpose—to have fun and to learn together. The Metropolitan Flower Show in Miami, scheduled to be held April 4, 5 and 6, 1957, will have even more significance than ever this year since the dates have been set to coincide with the national convention of the Federation of State

Garden Clubs. The show will be held at Dinner Key Auditorium with Mrs. Frank Nichols serving as general chairman.

Garden Therapy

South Bay Garden Club members send potted plants, cut flowers, or dish gardens which they have grown to residents when they are ill, whether they are club members or not. The Old Folks Home is supplied with fresh flowers by the Orange Blossom Circle of the West Palm Beach Garden Club. To add a "green touch" to the new hospital in Lake Worth, members of the Lake Worth Garden Club are setting out plants in both the inside and outside planters.

Horticulture

Macclenny Garden Club will stress horticulture in its program for the new year by having a 5-15 minute period of each meeting devoted to discussing some unusual or interesting plant brought in by the members. The Green Cove Springs Garden Club has been working with daylilies in an effort to promote them as an especially satisfactory garden subject.

Miscellaneous

The Cape Jessamine, Arlington, Ortona, and Cherry Laurel Garden Clubs of Daytona Beach will furnish the speakers for seven lectures on the use of flowers and plants in the home to be given to juniors in the homemaking classes of the Seabreeze High School.

An appreciable contribution toward a second unit for the Jacksonville Garden Center is the goal of the Gloriosa Circle of the Jacksonville Garden Club. The members are planning to sponsor a County Fair at the home of Dr. and Mrs. Charles F. Henley on October 23rd for the benefit of the Building Fund. Members and friends are already setting aside a variety of plants and other articles to be sold at the Fair.

To stimulate interest in their work and objectives, members of the Palatka Garden Club sponsor a weekly radio broadcast and also feature a column, "Garden Notes," in the local newspaper each week.

The North Miami Garden Club is planning ahead for Miami's role as hostess for the national convention. Members are therefore concentrating on landscape design. A lecture to keynote their study, "How to Landscape the Home Grounds," will be given by the assistant agricultural agent, Mr. Douglas Knapp, at the Rader Memorial Methodist Church on October 10th.

"The greatest use of a life is to spend it for something that outlasts it."

Continued from page 14

want to work with our materials. It is not long before they wheel themselves about the hospital bringing dish gardens, terrariums, corsages, whatnot to newer patients.

Help the Individual

In your town or hamlet there is someone who needs his days occupied with something that he can do and feel useful at the doing. It may be an elderly person who cannot get out very much, or even people in the welfare home. There are hospital or nursing home patients; the exceptional child, the blind, the man or woman laid low temporarily by illness or accident, and those who are just lonely. They are the material waiting for us. Tools? — flowers, plants, shells, seeds, ceramic clay, books, even bits of fabric, buttons (for button gardens), patience and love supplied by you

The creativeness and beauty that we can bring to these people is well worth our efforts. Here there is room for every garden club member to take an active part. It will amaze you to find how much you can do once you get started. And you are always rewarded when you find how much talent you discover in these people. And among them you will find friends for life. Their appreciation knows no bounds.

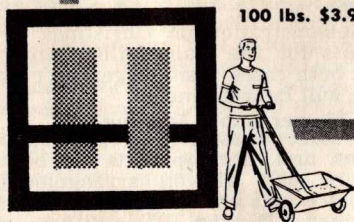
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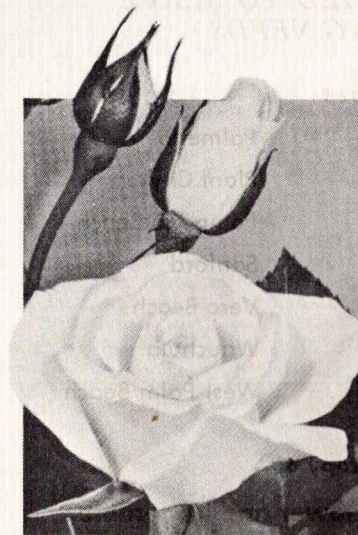
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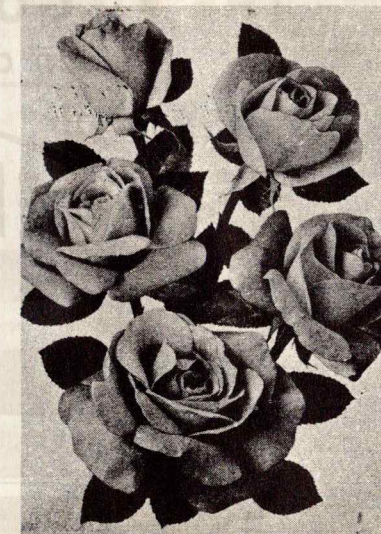
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We wish more Florida people could see Roses in our large Test Garden of some 2500 plants, old and new varieties, and thousands of excellent plants in our fields. You could pick out the colors and form you like, and talk with the Hjorts about Roses and how to grow them well. It is worth a special trip. However, if you can't come, be assured mail orders will receive the same careful attention as if you came to the nursery.



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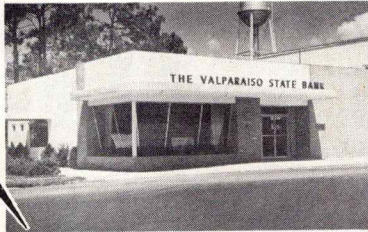
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